Haygood Volleyball Rules

**Time Limit:**

Game time – best two out of three games. A maximum of one hour and 15 minutes.

**Scoring:**

1. Rally scoring to 25 will be used in the games. Third game may only go to 15 if time is short.
2. The winning team must win by 2 points.
3. The team with the most points will win at the end of the time limit.

**Serve:**

1. Server must serve from behind the end line until after contact. Service line will be modified (max of 3 serves from behind the modified service line, then server must move back to real service line for last 2 serves). If using the modified service line, the server must serve underhanded.
2. The ball may be served underhand or overhand. There is a maximum of 3 successful overhand serves. The last two serves must be underhanded serves.
3. Before the ball can be served, the official has to blow the whistle to start the play.
4. The serve may hit the net and go over.
5. A flip of the coin will determine the home team. The home team serves first. Each game will alternate thereafter.
6. There will be no spiking on serves.
7. 5 is the maximum number of serves per server.

**Violations:**

1. Stepping on or over the line on a serve.
2. Failure to successfully serve the ball over the net.
3. Hitting the ball illegally (carrying, palming, and throwing).
4. Touching the net with any part of the body while the ball is in play.
5. Reaching over the net.

Exceptions:

1. Follow through after a hit.
2. When blocking a ball, which is being returned by the opponent.
3. Reaches under the net.
4. Failure to serve in the correct order.
5. Advancing past the 10 foot line to block or spike while you are in the back row position.
6. If a player hits the ball on the ceiling and the ball comes down on the opponent’s side, the ball is dead.
7. If the ball hits surroundings of the court (chairs, bleachers, and the wall) the ball is dead. A replay of point may be called if the ball hits the basketball apparatus.

**Rotation:**

A team will rotate each time before they serve. All players shall rotate in a clockwise

manner.

**Substitutions:**

Only with an injury.

**Time Outs:**

Each team is allowed one time out per game (no carry over).

**Playing the Game (Volley):**

1. There can be unlimited hits on each side of the net to get the ball over.
2. A player may not hit the ball twice in succession. (A block is not considered a hit).
3. A ball may be played off the net during a volley.
4. A ball touching ay part of the boundary line is good.
5. A legal hit a contact with the ball by a player’s body, above and including the waist, which does not allow the ball to visibly come to a rest. Contact with any body part below the waist is not a legal hit.
6. It two or more players come in contact with the ball simultaneously, it will be considered one hit and the players involved may not participant in the next hit.
7. Players must not block or attack a serve.
8. If a layer hits the ceiling and the ball comes down on her side, the ball is in play.

**Ball**

Regulation volleyball will be used from the start of the season until the end.

**Equipment:**

1. All players must wear no skid shoes.
2. Exposed jewelry must be removed and may not be worn during the game.
3. Each player will receive on t-shirt as their unitform.